



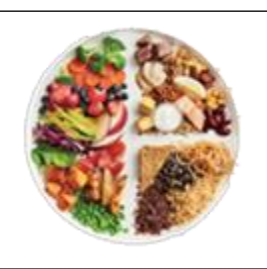
Gordon's School P.E Department

BTEC Sport Diploma - Curriculum Map



Key Words / Skills:

Evaluate
Analyse
Discuss
Justify
Describe
Explain



Complete BTEC Sport Level 3

Sign off any remaining paperwork and finalise your grade with course leader

Unit 6 Content

C – Explore psychological skills training designed to improve performance

Unit 6 Content

A – Understand how personality, motivation and competitive pressure can affect performance
B – Examine the impact of group dynamics in team sports and its effect on sport performance

Unit 23 Content

C – Explore theories of teaching and learning in sport
D – Carry out teaching and learning strategies for sports skills

Unit 17 Content

C – Investigate risk factors which may contribute to sports injuries and their associated prevention strategies

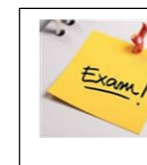
Unit 17 Content

A – Understand common sports injuries and their associated physiological and psychological
B – Explore common treatment and rehabilitation methods

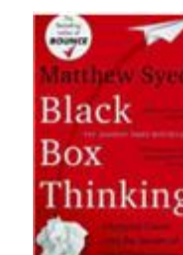
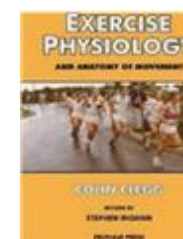
Unit 22 Content

C – Human Resources
D – Marketing
E – Finance in Sport and active leisure industry

Unit 22 Examination
January



Recommended Reading



Year 13

Unit 1 & 2 Examination
Summer

Unit 3 Content

C - Undertake a recruitment activity to demonstrate the processes that can lead to a successful job offer in a selected career pathway

Unit 22 Content

A - Features of sports and active leisure businesses
B- Business models in sport and active leisure

Unit 23 Content

A – Investigate the nature of skilled performance
B - Examine ways that sport performers process information for skilled performance



Unit 2 Content

C – Understand programme-related nutritional needs
D – Examine training methods for different components of fitness
E – Understand training programme design

Unit 3 Content

A – Understand the career and job opportunities in the sports industry
B – Explore own skills using a skills audit to inform a career development action plan

Unit 4 Content

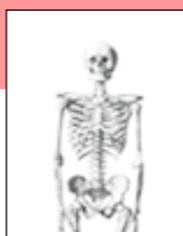
C - Applying appropriate leadership strategies

Unit 5 Content

C – Undertake evaluation and feedback of fitness test results

Unit 2 Content

A – Examine the lifestyle factors and their effect on health and well-being
B – Understand the screening processes for training programming



Year 12

Unit 5 Content

A – Understand the Principles of Fitness Testing
B – Explore fitness tests for different components of fitness

Unit 4 Content

A - Investigating appropriate leadership strategies
B - Examine the importance of psychological factors and their link with effective leadership

Unit 1 Content

A – The Effects of exercise and sports performance on the Skeletal System
B - The Effects of exercise and sports performance on the Muscular System

Unit 1 Content

E - The Effects of exercise and sports performance on the Energy System

Unit 1 Content

C - The Effects of exercise and sports performance on the Respiratory System
D- The Effects of exercise and sports performance on the Cardio-vascular System

Exam Specification:



Should this QR code not work, please click [here](#) to view the relevant specification.