



PHYSICAL EDUCATION

**Gordon's
Sixth Form**

A LEVEL



What will we study on the course?

Paper 1: Factors affecting participation in physical activity and sport

What's assessed

Section A

Applied anatomy and physiology
(35 marks)

Section B

Skill acquisition
(35 marks)

Section C

Sport and society
(35 marks)

How it's assessed

Written exam

2 hours
105 marks
(35 % of A-level)

Paper 2: Factors affecting optimal performance in physical activity and sport

What's assessed

Section A

Exercise physiology and biomechanics
(35 marks)

Section B

Sports psychology
(35 marks)

Section C

Sport and society and technology in sport
(35 marks)

How it's assessed

Written exam

2 hours
35 % of A-level
(105 marks)

A Level Practical

Practical performance in physical activity and sport.

What's assessed: students assessed as a performer or coach in the full sided version of one activity.

Plus: Written/verbal analysis of performance. (90 marks) 30 % of A-level

Here are some questions on areas that the A Level syllabus covers

- Is sport free from racism?
- Sport, is it only about winning?
- How positive a role model is Sir Chris Hoy?
- Do some performers appear to be more naturally gifted than others?
- When does a hard tackle constitute grievous bodily harm?
- Are the Government and Sport England doing enough to support and develop elite level sport in this country?

"The specification provides breadth and balance giving students the chance to study a wide array of theoretical areas that underpin Physical Education." **AQA**

What career could I have with A Level PE?

- Professional sportsman or sportswoman.
- Sports coach
- Health and Fitness instructor
- Physical education teacher
- Sport/leisure management
- Sports development officer
- Outdoor Pursuits Instructor in the Army, Navy and RAF
- Sports nutritionist
- Physiotherapy

Find out more

Visit www.aqa.org.uk or come to the PE Office



PHYSICAL EDUCATION

HEAD OF DEPARTMENT

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Exam Board

AQA

Specification

7582

COURSE DETAILS

Examination

This qualification is a linear course. Students will sit two exams and submit all their non-exam assessments at the end of Year 13.

A2 Level

Paper 1: Factors affecting participation in physical activity and sport

Section A: Applied anatomy and physiology

Section B: Skill acquisition

Section C: Sport and society

Paper 2: Factors affecting optimal performance in physical activity and sport

Section A: Exercise physiology and biomechanics

Section B: Sport psychology

Section C: Sport and society and technology in sport

Non-exam assessment: Practical performance in physical activity and sport

Students assessed as a performer or coach in the full sided version of one activity.

Plus: written/verbal analysis of performance.

HOW WILL I BE ASSESSED?

Exam Papers	% of GCE	Details
Paper 1: Factors affecting participation in physical activity and sport	35% of A2	Section A: Applied physiology, Section B: Skill acquisition and sports psychology and Section C: Sport and society and technology in sport. Written exam: 2 hours
Paper 2: Factors affecting optimal performance in physical activity and sport	35% of A2	Section A: Exercise physiology and biomechanics, Section B: Sport psychology and Section C: Sport and society and technology in sport. Written exam: 2 hours
Non-exam assessment: Practical performance in physical activity and sport	30% of A2	Students assessed as a performer or coach in the full sided version of one activity. Plus: written/verbal analysis of performance.

WIDER READING

- Bailey, Vamplew: 100 Years of PE
- Bartlett: Introduction to Sports Biomechanics
- Clegg: Exercise Physiology



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